Amendments to the Claims

This listing of claims will replace all prior versions, and listings, of claims in the application:

Listing of Claims:

- 1. 39. (canceled)
- 40. (new) A method, comprising:

selecting a first elongated channel member with at least two open ends;

placing an elongated carrier in the first channel member so that it extends through the at least two open ends;

placing a first cover over an open side of the first channel member to form a hollow first conduit section in combination therewith so that the elongated carrier extends therethrough; and

locking the first cover to the first channel member with a locking device that is operable only from within the first conduit section and is accessible only through an open end thereof.

41. (new) A method according to claim 40, further comprising:

joining a second channel member and a second cover to form

a hollow second conduit section; and

abutting the second conduit section to an end of the first conduit section to form an elongated conduit;

wherein locking the first cover to the first channel member channel locks together the second cover to the second channel member such that the elongated conduit can be disassembled only by release of the locking device by access through an open end of the elongated conduit.

42. (new) A method according to claim 41, further comprising:

joining a plurality of further second conduit sections into the elongated conduit such that all conduit sections are locked together by the locking of the first cover to the first channel member.

43. (new) A method according to claim 40, wherein placing an elongated carrier in the first channel member comprises:

placing one or more of electrical wiring, optical fiber, and gas or liquid conveyance tubing, in the first channel member.